

National Suicide Prevention Lifeline 24 hour English and Spanish

- 1-800-273-8255
- www.suicidepreventionlifeline.org

Colorado Crisis Services

- 1-844-493-8255
- www.coloradocrisisservices.org

Safe2Tell

- 1-877-542-7233
- www.safe2tell.org

Crisis Text Line

- Text "HOME" to 74174

Trevor Project for LGBTQ youth that are suicidal

- 1-866-488-7386
- Text "START" to 678678
- www.thetrevorproject.org

Mental Health Center of Denver

- 303-504-6500
- www.mhcd.org

El Centro de las Familias (A division of Mental Health Center of Denver)

- 303-504-1900
- <http://mhcd.org/what-we-do/el-centro-de-las-familias>

Denver Indian Health and Family Services

- 303-953-6600
- www.difrc.org

Maria Droste Counseling Center

- 303-756-9052
- www.mdscounseling.org

Catholic Charities

- 303-742-0828
- www.ccdenver.org
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Servicios de la Raza

- 303-458-5851
- www.serviciosdelaraza.org

Lutheran Family Services Rocky Mountains

- 303-922-3433
- www.lfsrm.org

Jewish Family Service

- 3030-597-5000
- www.jewishfamilyservice.org/service/denver-mental-health-service
- Mental health, Russian mental health and refugee mental health

Denver Family Institute

- 303-756-3340
- www.denverfamilyinstitute.org

Asian Pacific Development Center

- 303-923-2920
- www.apdc.org